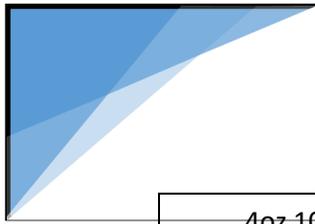


Belleville Henderson Breakfast menu



<p>4oz 100% apple juice 4oz 100% orange juice 4oz 100% fruit juice</p>	<p>Apple Frudel Strudel</p>	<p>Chocolate chip muffin</p>
<p>½ fruit fresh or canned May take 2</p>	<p>Varity hot oatmeal</p>	<p>Banana bread</p>
<p>8oz no- fat chocolate milk 8oz 1% unflavored milk</p>	<p>Oatmeal breakfast bars -oatmeal chocolate chip -banana -oatmeal raisin</p>	<p>glazed pull apart doughnuts</p>
<p>4oz cheese bagel</p>	<p>Mini doughnuts -chocolate -powder</p>	<p>Cinnamon roll</p>
<p>2 oz bagel 2oz English muffin Butter, cream cheese, or peanut butter</p>	<p>Pop tarts -1.6oz single whole grain -3.3 double whole grain</p>	<p>Fruit yogurt parfait</p>
<p>Cereal Varity</p>	<p>Ham, egg, and cheese croissants</p>	

- Must have 3 items when coming through the line
 - Should include 1- whole grain item
 - 1 Juice or Fruit or both
 - 1 milk, flavored or unflavored

May take all 4 items – Milk, Juice, Fruit, whole grain